



THE  
FLORIDA STATE  
UNIVERSITY

COLLEGE of MEDICINE

# Regional Campus Review

*Orlando*

JUNE, 2015

INSIDE THIS  
ISSUE:

Graduation News 2  
Residency Match 3  
Mayor Jacobs Honors the Orlando Campus 4  
Garnet and Gold Highlights 5  
Research News 6  
Pre-Collegiate Outreach News 7  
4th Year Student Reflections 8

## Dean's Message



FSU Alumnus, Lee Corso Dr Muszynski, Campus Dean

The **Honorable Teresa Jacobs**, Orange County Mayor and FSU alumna along with her Host Committee of local leaders and notables (see page 4) invited FSU alumni and friends to a Garnet and Gold cocktail reception for the FSU College of Medicine Orlando Campus on February 25. Discovery Network's "**Doctor G,**" **Jan Garavaglia, MD**, shared highlights of her career in medicine, television, and insight into why she teaches for the Orlando Campus. **FSU President, John Thrasher**, provided interesting highlights of his role in our medical school's founding and also his continued vision for the FSU and the College of Medicine. I presented a summary of amazing outcomes of our school and regional campus with emphasis on how we have exceeded expectations in meeting the mandates of our mission.

The informative and entertaining evening began with **Lee Corso** as master of ceremonies. Lee felt that he was asked to participate because of his fame—that is having been Burt Reynolds' college roommate at FSU! Mayor Jacobs talked about her and her family's connections as FSU alumni and her pride in what our medical school has accomplished. She even brought FSU football great, **Sammy Smith** and alumni Chief Osceola 1998-99, **Daniel Kennerly**, up to the podium to lead the crowd in the Seminole chant.

All who attended the Garnet and Gold reception learned more about FSU COM and its mission of meeting the primary healthcare needs of Floridians with special emphasis on elderly, rural, minority and underserved. populations. They learned of our amazing accomplishments to meet those goals and bond with the communities we serve. You can review our outcomes in our most recent [Annual Report](#).

Of course I always feel that our most impressive accomplishments are embodied in our graduates. The Class of 2015 was no exception. In fact they were the best FSU COM Orlando Campus class in history, boasting 3 students who received the Honors grade in every course they took, and two others who did the same in all but one course over two years. The class had a mean **USMLE Step 2 CK Score of 244!** For the non-medical educators reading this, trust me, that average score measuring student knowledge is amazingly high. And to convince you further, check out where they Matched in residency programs on page 2. Pretty impressive stuff indeed!

And to top things off, while 70% or so of FSU COM graduates must leave the State of Florida to do their residencies due to a severe shortage of funded positions in our state, over 60% of them have returned to Florida to practice medicine. This rate is about double the national average of returning to the graduate's medical school state! This is the best testimony to our community-based model designed to address Florida's physician shortage especially in the areas emphasizing our mission.

We are passionately committed to our regional campus communities and our graduates feel the connection. Our local practices love our students and are hiring them in impressive numbers. I fully expect many of those faces pictured on page 2 to return to central Florida.

## Class of 2015 Graduation Celebration

In April, the Orlando Campus held the Graduation Celebration Dinner for the Class of 2015. Students, faculty members and staff came together at the Citrus Club in downtown Orlando to celebrate the accomplishments of our graduating medical students. **Dr. John Fogarty, Dean of the FSU College of Medicine**, presented remarks about the graduating class. Campus Vice President **Jonathan Salud** addressed the class and presented faculty awards that were voted upon by the class (see below). Dr. Muszynski shared personal remarks about the accomplishments of each of the students and presented the Campus Dean's Award.

### Class of 2015 Faculty Recognition Awards:

#### Medical Educator of the Year:

**Dr. Mario Madruga**, Orlando Health

#### Service and Altruism Award:

**Dr. Mark Weatherly**, Orlando Health

#### Outstanding Student Advocate:

**Dr. Herndon Harding**, Clerkship Director, Psychiatry

#### Clerkship Director of the Year:

**Dr. Joan Meek**, former Clerkship Director, Pediatrics  
(current Associate Dean for Graduate Medical Education)

### Campus Dean's Award Presented to Tylor Zorn



Tylor Zorn, accompanied by his daughter, Camryn, received the "Campus Dean's Award" from Orlando Campus Dean, Michael Muszynski. Tyler matched in General Surgery at Vanderbilt University Medical Center.

## Class of 2015 Graduation



Orlando Campus Class of 2015 pictured with Orlando Campus Dean Michael Muszynski.

# On to Residency for the Class of 2015!



Mitali Agarwal, MD  
Internal Medicine  
University of FL



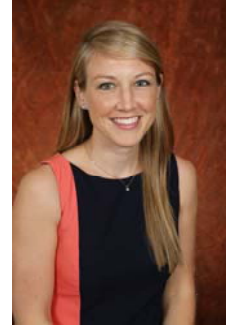
Justin Beyer, MD  
Emergency Medicine  
University of FL



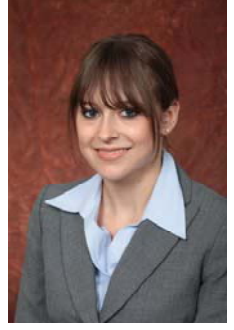
David Cristin, MD  
Internal Medicine  
University of CO



Joseph Duren, MD  
General Surgery-Prelim  
St. Louis University Hospital



Joanna Meadors Hales  
Hales MD  
Pediatrics



Holly Klopfenstein, MD  
Family Medicine  
Tallahassee Memorial



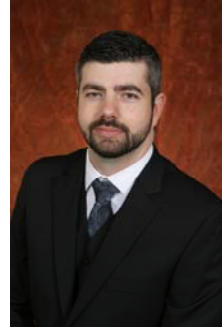
Nicole Meier, MD  
Psychiatry  
University of South FL



Stephanie M. Flores MD, MS  
Pediatrics  
FSU-Sacred Heart Hospital



Amanda Morden MD, MPH  
Medicine-Primary  
Johns Hopkins (MD)



Patrick Murray, MD, MS  
Family Medicine  
Bayfront Medical (FL)



Rachel Mattio Nickels MD  
Internal Medicine  
University of FL



Anushi Patel, MD  
Radiology-Diagnostic  
Hartford Hospital (CT)



Crystal Pickeral, MD  
General Surgery  
Emory (GA)



Sheri Poskanzer, MD  
Pediatrics-Genetics  
Nationwide Childrens (OH)



Jonathan Salud, MD, MPH  
Medicine-Primary  
Emory (GA)



Brady Schmidt, MD  
Pediatrics  
University of SC



Larry Sorrell, MD  
Family Medicine  
Aurora St. Lukes (WI)



Lyvie Sylvestrie, MD, MS  
OB/GYN  
Bayfront Medical (FL)



Natalie Voithofer, MD  
Family Medicine  
East Jefferson General (LA)



Mike Yuan, MD, PhD  
Prelim-Medicine (FSU)  
Radiation Oncology (USF)



Day Zayas, MD, MS  
Emergency Medicine  
Florida Hospital



Zachary Zimmerman  
Otolaryngology  
Medical College of GA



Tyler Zorn MD  
General Surgery  
Vanderbilt (TN)

## Mayor Teresa Jacobs Honors the Orlando Campus

The Orlando Campus was honored at the recent Garnet and Gold Reception, hosted by **Orange County Mayor Teresa Jacobs** and her committee of prominent FSU supporters. FSU alumna Mayor Jacobs recognized the Orlando Campus for its contributions to the community and to medical education. Featured speaker, **Jan Garavaglia, MD**, host of Discovery Network's *Dr. G Medical Examiner* and the Chief Medical Examiner for district nine, gave a highly entertaining presentation of her rewarding experiences teaching for the Orlando campus and also her career in medicine and television. Guests engaged with **Lee Corso** by taking personal photos with him and sharing their appreciation of his contributions to FSU, sports and various endeavors in the community. **FSU President John Thrasher** explained how the College of Medicine is successfully accomplishing what was intended by the Florida Legislature—to eliminate the shortage of Florida's primary care physicians. Orlando Campus Dean, Michael Muszynski, MD explained how the community based model has exceeded all expectations for creating highly skilled and compassionate physicians who are returning to Central Florida in great numbers to practice medicine. Passionate FSU supporters and notable alumni filled the reception at the Citrus Club to honor the Orlando Campus.

The Orlando Campus extends its deepest gratitude to all who attended and to Orange County Mayor Teresa Jacobs, her Host Committee and event sponsors:

**Lorri Lee Barrow**  
**Jimmy Caruso, Jr.**  
**John Crossman**  
**Hugo and Mary de Beaubien**  
**Emily Fleming Duda**  
**Jimmy Hewitt**  
**Vincent Hughes**  
**Judge (ret) and Mrs. Frank Kaney**  
**Senator Mel Martinez**  
**Craig Mateer**  
**E. Ann McGee**  
**Blake Miles**  
**John Rivers**



**GRAY | ROBINSON**  
 ATTORNEYS AT LAW

[www.gray-robinson.com](http://www.gray-robinson.com)



# Garnet & Gold Reception



Dr. Jan Garavaglia, "Dr. G", Orlando faculty member, Dr. Michael Muszynski, Lee Corso



Mayor Teresa Jacobs, with FSU President John Thrasher and family



FSU President John Thrasher, with Dr. G



Lori Drum, Orlando Regional Campus staff, LaTarsha Jones, President, Seminole Club of Greater Orlando



Mayor Teresa Jacobs, Danny Kinnerle & Sammy Smith lead the guests in the Seminole chant.



Medical students from the Orlando Regional Campus



Lee Corso with Mike Dasher, FSU Foundation



Jim Caruso, Amanda Caruso, Jimmy Caruso, Jr., Host Committee Member



Dr. Jan Garavaglia engaging with students and guests



Vivian Coleman, Mark Jones, President, ORMC



Don Ammerman, Orlando Regional Campus Community Board Member

# Garnet & Gold

## Clinical Research Network Update



### Practice Structure Questionnaire

In November, the FSU CoM Clinical Research Network (CRN) launched an online questionnaire to all regional campus faculty to gather information on practice structure, patient demographics, and EMR capabilities in order to further expand our network. We would like to extend a sincere “Thank you” to all practices who have completed the questionnaire thus far. Over the coming months, we will be contacting office managers of primary care practices to facilitate additional completion of this information. Only one questionnaire per practice needs to be completed. If your practice has yet to complete this questionnaire, the full survey can be found at this [link](#).

Remember that completing this survey does not obligate you to participate in any research project. All we ask is your willingness to consider participation in studies that may fit your practice’s needs. Your participation is vital to the success of our practice-based research network.



### University-Based Research Collaborative Changes Name Through Expansion

The research collaborative, originally known as Health IMPACTS for Florida, has expanded to a state-wide network to include University of Miami, Florida A&M University and Edward Waters College, in addition to the original founding members. The OneFlorida Clinical Research Consortium (CRC) held the first annual stakeholder meeting in January at Lake Nona UF Research and Academic Center. Attendees included our current academic and healthcare partners. The purpose of this meeting was to provide status updates on the OneFlorida research initiatives and discuss marketing strategies for its CRC.

### Current Study Updates

Protocol development for the **tobacco cessation protocol** is underway. The primary goal of this project is to implement a multilevel intervention designed to support healthcare providers in implementing the 5 As (Ask, Advise, Assess, Assist, and Arrange) tobacco cessation intervention in the office setting. Once the protocol is finalized, we will begin recruiting primary care practices to participate in this project.

We are pleased to announce that two family medicine practices have agreed to participate in a genomics study entitled, “**Implementing Genomics in Practice (IGNITE) Proof of Concept Study: Genotyping in Family Medicine Clinics.**” Site training is underway, with data collection commencing in July. Sites will be recruiting chronic pain patients with current or planned treatment with opioids or other narcotic drugs to determine the effect of CYP2D6 genotyping on pain management.

Lastly, a **pediatric dental caries study** will launch in July of 2015. The purpose of this Florida ACHA-funded study is to develop interventions to improve primary care physician (PCP) screening and counseling of children’s oral health and evaluate parental adherence to PCP recommendations in diverse pediatric populations served through the Florida Medicaid program. Toolkits based on evidence-based practices will be developed and pilot tested in pediatric practices throughout the state.

### Central IRB Created for OneFlorida Clinical Research Studies

As our network continues to expand, it has become essential to use a central Institutional Review Board (IRB) for human subjects protection in research for multisite studies. In January, UF and FSU agreed to create a cooperative IRB, in which UF Health Sciences IRB (IRB-01) will serve as the IRB of record for OneFlorida studies. FSU IRB will have access to all related study-documents, and will also have the ability to provide input for review. We are piloting this new process for the genomics study mentioned above, and we hope this process will streamline IRB approvals for all future OneFlorida studies. The central and virtual IRB concept for OneFlorida is the brainchild of **Dr Peter Iafrate** (pictured above) at the University of Florida.



# SSTRIDE Program



**Kathryn Thompson**  
SSTRIDE Coordinator,  
Orlando

March 2015 marks the one year anniversary of integration of the Florida State University College of Medicine SSTRIDE Program into Orange County Public Schools. SSTRIDE stands for Science Students Together Reaching Instructional Diversity and Excellence. It is a pipeline program that seeks to increase the number of Orange County students underrepresented in science and math careers who graduate from high school prepared to enter college majors in STEM

(science, technology engineering, and mathematics). This program is very unique because it uses a hands-on approach to provide resources, positive experiences, and a mentorship not available through any other program in the county. Mentorship is provided by undergraduate volunteers from nearby universities and state colleges, including the Orlando campus third and fourth year medical students.

Currently, the SSTRIDE Program is successfully operating at **Jones High** and **Memorial Middle** schools in

Orlando. The combined enrollment of students participating from both schools is 30 students ranging from 13 to 16 years of age (7th to 10th grade). These promising students participate in rigorous classes and enriching activities while participating in the SSTRIDE Program. The program includes: an Honors Biology class, Anatomy and Physiology class, after-school tutoring, ACT Prep, hands on activities, guest speakers, and educational field trips.

SSTRIDE students from Orange County traveled to the FSU College of Medicine in Tallahassee to take part in a campus tour and receive instruction by medical students at FSU's state of the art student learning and simulation lab. While there, the Orange County students also became CPR certified by the American Heart Association along with 112 additional students from four other counties. In the upcoming months the students will learn about natural selection and different animal species during their end-of-year educational field trip at Busch Gardens Tampa, celebrate at their honors banquet, and finish off the year with great success! The FSU College of Medicine and SSTRIDE staff have great expectations and could not be more proud of the students in Orange County, Florida!



## A Day in the Life of a Fourth Year Student

By Joanna Meadors Hales, MD



Beep. Beep. Beep. I roll over and see the bright red 5:00am on the alarm clock next to me. It's time to get up, have a quick bowl of cereal, grab a coffee to go and get to the hospital to round on my five patients before morning report at 7:55am. Away rotations are sometimes called "audition electives," and I can now see why with the constant pressure to perform well and know all of the answers to attending physicians' questions. The beginning of most medical students' 4<sup>th</sup> year of medical school is full of

several away rotations – usually at institutions where they hope to get an interview for residency. I will never forget one of the families I met during my second away rotation in pediatrics. For almost 4 weeks, I would stop by my 5-month old patient's room and talk to his grieving parents. This 5-month old had an extremely rare condition (only 200 cases worldwide) that would eventually take his life a month after I left. What I learned from this family was priceless and something a textbook could never teach me.

Beep. Beep. Beep. I roll over and see the bright red 5:30am on the alarm clock next to me. It's time to get up, put on my crisp suit, grab a quick hotel breakfast and head off to the children's hospital for my 21<sup>st</sup> (and last) interview of the season. The "interview trail" as most medical students refer to it, is another name for the interview season from October to January where all 4<sup>th</sup> year medical students travel across the country for

residency interviews. I found the "interview trail" to be exciting and fun – a time to meet new friends and travel to new cities; however, it was also emotionally and physically exhausting.

Beep. Beep. Beep. I roll over and see the bright red 7:00am on the alarm clock next to me. It's time to get up, put on my dress and head back to the main FSU College of Medicine campus where all of this excitement began almost 4 years ago. Today is Match Day, the day where 4<sup>th</sup> year medical students across the country open envelopes that will reveal where they are going to residency for the next 3 to 6 years. There were screams of excitement and tears of joy as my classmates ripped open their envelopes and hugged their families. I am so proud of my classmates and cannot believe how far we have come in this journey of medical school. It seems like just yesterday we were all in the anatomy lab working hard to memorize muscle groups and functions of different organs in the body.

Beep. Beep. Beep. I roll over and see the bright red 8:00am on the alarm clock next to me. It's time to get up, eat some breakfast, and sit down to fill out the stack of paperwork for my new residency program. I frantically sign papers as I multi-task and scan Craigslist for a place to live. Residency is just around the corner and I have to get things done quickly! It's difficult to generalize a day in the life of a 4<sup>th</sup> year medical student because 4<sup>th</sup> year brings such a variety of day-to-day experiences. As I sit here and look back over the past four years, I am thankful for all of the knowledge I gained, all of the physicians who mentored me throughout my rotations, all of the friends who I met along the way (including my now husband!) and all of the excitement that each day created. I cannot wait for my alarm clock to go off on May 16<sup>th</sup> as I wake up on one of the most important days of my life – medical school graduation.

## SAVE THE DATE: September 2, 2015

The 2015  
**All Faculty Meeting  
 and State of the College Address**  
 of  
**The Florida State University College of Medicine  
 Orlando Campus**

Wednesday, September 2

6:00pm reception  
 6:30pm dinner and presentation

Orlando Citrus Club

rsvp to [cynthia.porter@med.fsu.edu](mailto:cynthia.porter@med.fsu.edu)